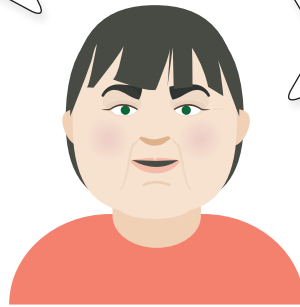


Food Journey Zine

This your
chance to cut the
bullshit out and
tell your own food
story

There is no right
or wrong, just tell
us about your food
journey without all
the bullshit



Cath, expert by
experience from Byker.

A few starting points...

- A recent conversation you had about food.
- How does your favourite food make you feel?
- A poem about a memorable meal.
- Someone I made a special meal for.
- Tell us a story about being hungry.
- Your earliest memory of food.

Some moments along the way...

- Eat it...
- Drink it...
- Love it...
- Can't stand it...
- A food you could share.
- Who is coming round for tea?
- What did you last eat?
- You're favourite smell of food.
- Oh crumbs, what have you left?
- A true guilty pleasure.