

# Food Safari Menu

Help people explore local food with a menu of 12 mini research challenges (and a big map)

Add your own map to the inside before you print



Ben, engagement professional

In April 2019 a group of young people designed this tool and used it to explore local food in Darwen.

It can help to empower people to investigate food - they can choose where to go and which research activities to use.

We felt shy about asking people questions at first, but once we started by interviewing some shopkeepers it got much easier.

After that we chatted to people at bus stops too who were happy to talk to us.

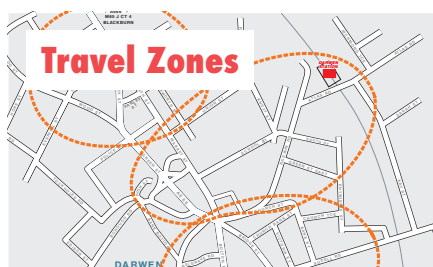
Like a real menu, the 'Starters' are simple activities to get people warmed up



Freya, young activist

Here are some challenges - prizes optional

## Suggestions for use...



To help make the Darwen safari work, we created 3 zones for people to explore - divide and conquer!

### Storytelling Safari

- Change the activities to focus on telling stories, rather than capturing stories.
- For example, memories of houses, streets, schools and shops etc.
- You might talk about how an area has changed over the years, and what was it like to grow up there or move there.

### Share your #foodstories

If these tools work for you, please share a photo or a message on Instagram, Twitter, or email

### Food Researcher or Bargain Hunter

- Comb all the food shops in an area looking for what is sold, prices and shopping preferences.
- You could set to find challenges like the cheapest shops to buy ingredients or finding wholesale vendors, happy hours etc.



#foodstories  
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