

Food Places

Scribble-on sheets to kick start discussions about buying and cooking food.



Ben, engagement professional

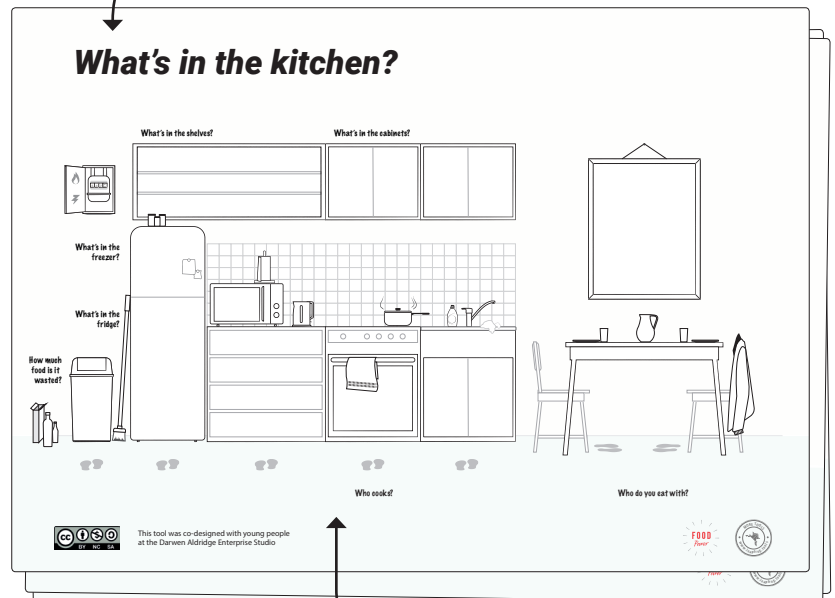
We wanted to make conversations about cooking more visual – we started with kitchen then added a high street and school canteen.

I'm always having to help people make their money go further. I can use the high street sheet to show people where and when to shop for cheap food on Byker – something they can keep hold off afterwards.



Penny, expert by experience

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There is space for drawing, writing, stickers, colouring-in or perhaps just as a background for cards from the Local Food Cards deck.

Suggestions for use...

Canteen Campaigners

- Ask young people to fill out the Canteen sheet for a week, including how they felt before and after they ate lunch.
- Follow up after a week to have a discuss with them how things could be improved.

A Visual Kitchen

- By asking people what's in their kitchen, you can have a conversation about things they have now and things they'd like to have.
- Follow up questions can probe deeper: Who's usually in when you get home? What's in your cupboards? Where do you usually eat dinner?

High Street

- Ask people to create an imaginary street bringing together where they shop and eat out.
- Use the tool to start a conversation about priorities to help people open up about their shopping habits and how they prioritise spending time and money.
- If people get into it, perhaps the street needs a name, cars, weather, characters etc.

Share your #foodstories

If these tools work for you, please share a photo or a message on Instagram, Twitter, or email

#foodstories
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